

**Gladstone Youth Wrestling Club
Tournament
March 11, 2006**



**ONCE YOU
HAVE
WRESTLED
EVERY THING ELSE
IN LIFE IS
EASY**

- Dan Gable

Gladstone

We'd like to dedicate this booklet to all the parents of youth wrestlers that spend countless hours on the ongoing tasks and functions of running a youth wrestling program. Without these wonderful people this program would not be possible, to all of you a great big THANK YOU!

Gladstone Youth Wrestling Club officers

EJ Unger President
Scott Vallier Vice President
Paul Walters Secretary
Kathy Johnson Treasurer

Good Luck Braves!

Greetings Wrestling Fans:

Welcome to the 2006 Gladstone Youth Wrestling Club Tournament.

This year we will again award trophies for all participating wrestlers. As in the past we will have a team event and will be awarding trophies to the top four teams.

The information in this booklet includes rules, tie breaking criteria and a list of sponsors that help make this event a success.

We believe that participating in youth wrestling is beneficial in the development of Physical fitness, Sportsmanship, Character, Attitude and Determination in our youth.

Thank you for your support of this tournament and for the sportsmanship you display here today, please cooperate with our volunteer workers to make this a pleasant day for all involved.

Thanks again and best of luck wrestlers!

Sincerely,

EJ Unger, President
Gladstone Youth Wrestling Club

The Wrestler Stands Alone

What high school sport makes the demand on the individual that wrestling does?
When a boy gets on the mat, he stands alone.
No one will run interference; no one will catch a high fly if he makes a bad pitch.
He stands alone.

In other high school sports where the score is kept on the boy's ability to overcome the opponent in a hand-to-hand context, there is the possibility of substitution. In wrestling, there will be no substitution, no help, there will be no time out, and no second chance. All can be lost in the tenth of a second. Yes, the boy stands alone.

There is no place for weaklings on the wrestling team. When the whistle blows, a boy puts his ability on the line along with his determination and courage. We have watched the range of human emotions from elation to heartbreak. We have seen coaches with tears running down their cheeks as they try to console a young boy who has given all-yet lost. Wrestling is tough, and has-like life a feeling for the survival of the fittest. The young boys who have entered and stayed with the team know this.

They also know that when the time comes and the whistle blows....

THEY STAND ALONE.
President's Council for Youth Fitness

"A Wrestler's Biggest Fan"

By Jo-ann Innis

That's my little boy,
mat two...

He's on deck

He's the one who tries to look so confident, while I sit here a wreck

I sit watching nervously,

Biting my nails and shaking in my seat,

Praying for a victory, not a quick defeat

Please don't let him be hurt.

Please let him be all right.

After all, this is why he practices so hard almost every night.

I'll just suffer through it and give him my support.

Wondering why sometimes, he ever chose this sport.

But, when it's finally over and he makes it through "the three".

Nothing can beat the look on his face, that look of VICTORY.

The look says "Hey mom did you see?"

And when the ref holds up his hand I know why he chose this sport.

And when the victory goes the other way,

I'll still give him my support.

There's always next time as long as you try, a mom never fails to say.

You're always a champ in my eyes, and you'll always be that way.

A mom is a wrestler's biggest fan, Cause she knows what's in his heart.

She knows his dedication and how he tries so hard.

It's hard for a mom to sit and watch as her son gets pinned.

And it's hard not to get emotional as you watch your baby win.

Seeing his eyes search for you while you're sitting in the stands, making sure you saw every move turn out just the way he planned.

Because every wrestler knows, that his mom is his BIGGEST FAN!!










A special thanks to our tournament sponsors for their continued support.








| | |
|---|--|
| Gladstone High School Wrestling Team | |
| Bayview Truck & Auto | Bay De Noc Chiropractic Center P.C. |
| Tilbert's | The Family Inn |
| U.P. Rhino Lining | Transmissions & More Inc. |
| U.P. Power | |
| Northern Michigan Bank & Trust | Great Northern Dental Associates P.C. |
| T & T Birds | Gibby's |
| D & L Janitorial | Fredrick Family Chiropractic |
| Cost Cutters | Mark's Auto Sales |
| Great Lakes Gas Transmission | |
| Rapid River Mini Mart | Brampton Bike & Ski |
| PC Potential | D & M Subs |
| Shrink It | Republic Bank |
| Steve's Auto Repair | Swallow Inn |
| Debacker Family Dairy Farm | |
| | Perry Uhazie D.D.S. |
| Fredrick's | Viau's Northland Market |
| Mr. Bike Ski & Fitness | Brampton |
| OSF Hospital | |



The Wrestling Match

| | |
|------------------------------|---|
| A Match has three periods | One minute each for 4th grade and below 90 seconds each for 5th grade and above |
| 1st Period | Both wrestlers start from standing (neutral) position. |
| 2nd Period | A coin is flipped. The winning wrestler may choose to defer the choice to the third period or select to start from the top, bottom or neutral position. |
| 3rd Period | The wrestler that did not choose starting position for the 2 nd period may choose to start from the top, bottom or neutral position. |

| Scoring Signals | | |
|---------------------------|--|---|
| Takedown (Control) | Taking the opponent to the mat with control. Note: Referee may call the wrestlers designated color (red or green), signal with the hand with that wrestlers color, or both. | 2 points  |
| Escape | Defensive wrestler obtains a neutral position. Note: Referee will signal the point (as described above) and may then give the signal for neutral. | 1 point  |
| Reversal | Defensive Wrestler gets behind opponent and gains control. Note: Referee will signal the awarded points after signaling the reverse. | 2 points  |
| Near Fall | Wrestler holds opponents shoulders close to the mat, but not a pin. Two (2) points are awarded for a 2 second near fall. Two (3) points are awarded for a 5 second near fall. | 2 points  3 points  |

| Scoring signals used in tandem with scoring and penalty signals. | | |
|--|---|---|
| One Point |  | Two Points |
| | |  |

| Infractions for Technical Violations | | | |
|---|----------------------------|---|--|
| | Warning | 0 points | |
| | First Offense | 1 point | |
| | Second Offense | 1 point | |
| | Third Offense | 2 points | |
| | Fourth Offense | disqualified | |
| | | |  Caution |
| | | |  Penalty dangerous move |
| | Stalling | When a contestant does not make an honest attempt to stay in the circle and wrestle aggressively. A penalty is preceded by only one warning |  |
|  | | A position other than a pinning situation in which neither wrestler can improve his position | Stalemate |
| | Locking Hands | A wrestler in the advantage position may not lock or overlap his hands, fingers, or arms around his opponent's body or both legs unless the opponent has all of his weight supported on his feet or has him in a pinning situation. |  |
|  | | A wrestler has used an illegal hold. | Illegal Hold |
| | Technical Violation | A wrestler performed a technical violation. |  |

| Non Scoring signals | | |
|---|--|---|
|  Defer | Wrestler chooses to defer his choice of position until the next round. | |
| | Wrestler chooses neutral, or standing, position. |  Neutral |

TIE-BREAKING RULES:

Match

1st Tie Breaker: Will be a 30 second sudden death

2nd Tie Breaker: 30 seconds top or bottom by the flip of the coin: If the top wrestler keeps the bottom wrestler down he/she wins. If the bottom wrestler escapes he/she wins.

Two-way tie in standings:

1st Factor: Head to Head

2nd Factor: Most Pins

3rd Factor: Most Near Fall Points

4th Factor: Most Penalty Points

Three-way tie in standings:

Use the same rules as a two-way tie. **BUT**, Once the three-way tie is broken the remaining two way tie is subject to the above rules starting over at rule #1.

Example: Wrestler A has 1 Win, 1 Loss and 1 Pin
 Wrestler B has 1 Win, 1 Loss and 1 Pin
 Wrestler C has 2 Win, 1 Loss and 0 Pins
 Wrestler D has 3 losses

The three-way tie is broken when at the 2nd step as wrestler C fails to match wrestler A & B for Most Pins. Wrestler C is awarded third place. The remaining two-way tie between wrestlers A & B is then broken by head-to-head (Rule #1) not most near fall points.

Scoring Conventions:

| <u>Event</u> | | <u>Score Using</u> | <u>Symbols Used</u> | |
|-----------------|------------------|--------------------|---------------------|---|
| Take Down | All | T2 | R | Red wrestler |
| Reverse | All | R2 | G | Green Wrestler |
| Escape | All | E1 | ↑ | Wrestler has chosen top position |
| Near Fall | Two Point | N2 | ↓ | Wrestler has chosen bottom position |
| Near Fall | Three Point | N3 | ↑↑ | Wrestler has chosen neutral position |
| Caution/Warning | All | C0 | ⊘ | Wrestler has won toss and deferred choice |
| Penalty | One Point | P1 | | |
| Penalty | Two Point | P2 | | |
| Penalty | Disqualification | DQ | | |
| Pin | All | P (Time) | | |

| Round 1 | | | | Round 2 | | | | Round 3 | | | | | |
|----------|-----------|-----------|-----------|----------|-----------|-----------|----------|-----------|-----------|-----------|---------------|----------|-----------|
| R | T2 | E1 | 3 | ⊘ | C0 | P1 | 1 | ↑↑ | 0 | 4 | 0 | 4 | |
| G | R2 | T2 | N2 | 6 | ↑ | | 0 | | T2 | N3 | P 1:45 | 5 | 11 |

Note: Circling makes it easy to determine which wrestler scored the first points, won the match, and was awarded a pin or penalty points. All of these items become important for tie-breaking. Also, make sure to score takedowns and near-falls prior to pins. These are often overlooked but can affect tie-breakers.

Upcoming Tournaments

| | | | | | |
|----------------|-------------|----------------|-----------------|----------------|----------------------|
| March 18, 2006 | Negaunee * | April 1, 2006 | Gwinn | April 22, 2006 | Marquette |
| | | | Iron Mountain * | | |
| March 25, 2006 | Ishpeming * | April 8, 2006 | Escanaba * | April 23, 2006 | Marquette Free Style |
| | Kingsford * | April 15, 2006 | Manistique | | |
| | Newberry* | | | | |

- denotes that registration form may be copied / printed from the GYWC website. Additional forms will be added as they become available.

Visit our website: www.gywc.org

Thank you to the following sponsors of our wrestlers. These individuals donated money on behalf of a GYWC wrestler. Any GYWC wrestler who collects donations equaling \$25 or more shall receive a gift at the end-of-year banquet. In past years these wrestlers have received duffle bags, caps, hats, or back-packs. These items have been prepared with team colors and logo / saying.

| | | | |
|-----------------------------|-------------------------|----------------------|-----------------------------|
| Abby Otradovec | Debbie Heirman | Kate Cartwright | Rick Cartwright |
| Agnes Beauchamp | Debbie Heirman | Katelyn Beauchamp | Rick Larson |
| Alanda Casey | Debbie Mitchell | Kathy Broktel | Robert Hanley |
| Alicia Gabriel | Debbie Taylor | Kathy Cole | Robyn Goudreau |
| Amanda Gasparick | Derreck Johnson | Kathy Johnson | Rodney Wills |
| Amy Berg | Diane Leffler | Katie Cartwright | Roger Labombarb |
| Amy Hall | Diane Zacher | Katie Syverson | Ron Sinnaeve |
| Ana Cartwright | Don Darmopoy | Ken Sundling | Rose Sarasin |
| Andy Alexander | Donny Leffler | Ken Taylor | Russ Hall |
| Angelina Ramos | Dorothia paul | Kenny Joe Taylor | Rylee Doucette |
| Anna Cartwright | Dwayne Taylor | Kim Cartwright | Sabrina Leffler |
| Anne Beauchamp | Elaine Saarannen | Kristi Darmopoy | Sam & Mom Baxter |
| Anne Beauchamp | Elizabeth King | Kyle Darmopoy | Sam Zimmerman |
| Annie Belle Doucette | Ellen Rapp | Kyle McKee | Samantha Bates Kiara Bates |
| Antonio LaCarte | Eric Husbye | Leora Andrews | Samantha Menard |
| Art Menard | Frequent Flyers | Linda Ross | Samantha Ramos |
| Art Meyer | Gabe Gabriel | Lisa Darmopoy | Sandi Bates |
| Auntie Tina Doucette | Garnet McGillviray | Lisa Hackleman | Sandy Caswell |
| Barb Meyer | Gary Simison | Lisa King | Sandy Flinn |
| Beverly Olson | Gary Stroud | Lonnie Moore | Sarah Leffler |
| Bill Broktel | Harley LaCarte | Lori Simison | Scot Gabriel |
| Bill Demay | Heidi Alexander | Lorraine Beauchamp | Scott Mack |
| Bob Beauchamp | Henry Paul | Lou Quaranta | Scott Stroud |
| Bob Darmopoy | Hunter Smith | Lucy Fornetti | Shannon Hayes |
| Bob Moore | Jack Bates Jr. | Lynn Cartwright | Sharon Sharrard |
| Bobbie Baur | Jack Bates SR. | Lynne Smith | Sharon Taylor |
| Bobbie Jo Taylor | Jackie Fornetti | Mable McGillviray | Sophia Cartwright |
| Bobby Beauchamp | Jackie Mack | Mandy Larson | Stacy M. Reath |
| Brandon Flinn | Jackie Sinnaeve | Marcia Saylor | Steeve Meyer |
| Brandy Johnson | James Olson | Marilyn Anglim | Steve Gagnon |
| Brenda Beauchamp | James R. Reath | Mark Hackleman | Steve Hackleman |
| Brian Posenke | Jamie Cartwright | Marsha Skellenger | Steve King |
| Brianna Beauchamp | Jamie Cox | Mary Jane Markham | Steve Schlenvogt |
| Brittnee Lund | Jamie Doucette | Mary Larson | Steve Tolman |

| | | | |
|-------------------------|-------------------------|--------------------|--------------------|
| Bubba Skellenger | Janel Klotz | Mary Meyer | Sue Gagnon |
| Caleb Alexander | Janet Tolman | Matt Douglas | Sue Winker |
| Carl Scheeneman | Jared Syverson | Maykayla Lund | Summer Ketola |
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| Chad Cartwright | Jeri Junl | Nancy Ducheny | Tom Heirman |
| Chail King | Jeromy Smith | Natasha A. Taylor | Tom Heirman |
| Cherish King | Jesse Cartwright | Nathan Johnson | Tony Fornetti |
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| Chloe Fornetti | Jim Stammer | Nick Menard | Travis Heirman |
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| Dawn LaCarte | Karen Demay | Reed Bazso | Zadessa Miller |
| Debbie Hackleman | Kari Gagnon | Rhonda Husbye | |
| Debbie Hamilton | Karl Scheeneman | Rick Bates | |

Sorry about the spelling. Some forms were very difficult to read.